Guam Middle & High Schools

SEP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Breakfast Sausage & Cheese Breakfast Sandwich Fruit & Juice Lunch Chicken Nuggets OR Teriyaki Beef Dippers Rice Fruit & Vegetable	**2** Breakfast Breakfast Pizza Fruit Lunch Hot Dog OR *NEW Meatball Sub Pork & Beans Fruit	**3** Breakfast Croissant Cheesy Eggs Fruit & Juice Lunch Bistek OR Chicken Estufao Rice Fruit & Vegetable	**4** Breakfast Mini Pancakes Fruit Lunch Cheese Breadsticks w/ Marinara OR Pepperoni Pizza Carrots w/ Ranch Fruit
All Meals meet USDA nutritional requirements for healthy, hunger free children				
7 Labor Day NO SCHOOL!	**8** Breakfast Sausage & Cheese Breakfast Burger Fruit & Juice Lunch Beef or Chicken Nachos w/ Cheese Sauce Black Beans Fruit	**9** Breakfast French Toast Sticks Fruit Lunch Chicken Alfredo Pasta or Pasta w/ Meatballs Salad Fruit	**10** Breakfast Ham & Cheese Breakfast Croissant Fruit & Juice Lunch Breaded Drumstick or BBQ Drumstick Red Rice Vegetable & Fruit	**11** Breakfast Cheesy Scrambled Eggs w/ RiceFruit Lunch Cheese Pizza orPepperoni Pizza Fruit & Vegetable
Breakfast includes a choice of whole white milk or reduced fat white milk				
14 Breakfast Assorted Cold Cereal New Cocoa loopsFruit Lunch Salisbury Steak w/ Rice & Gravy or Corn Dog Fruit & Vegetable	**15** Breakfast Sausage & Cheese Breakfast SandwichFruit & Juice Lunch Chicken Yakisobaor Beef Yakisoba Pinto Beans Fruit	**16** Breakfast Breakfast PizzaFruit Lunch Cheese Burger or NEW Pika Cheese Burger Potato Wedges Fruit	**17** Breakfast Croissant w/ Cheesy EggsFruit & Juice Lunch Beef Bulgogi & Rice orShredded Pork & Rice Fruit & Vegetable	**18** Breakfast Mini PancakesFruit Lunch Cheesy Breadsticks w/ Marinara orTurkey & Cheese Sandwich Carrots & Ranch Fruit
Lunch includes a choice of white milk or fat free strawberry or chocolate milk				
21 Breakfast MuffinFruit Lunch Orange Chicken or Spicy General Tsos Chicken RiceVegetables Daily Fruit	**22** Breakfast Ham & Cheese Breakfast SandwichFruit & Juice Lunch Beef or Chicken Nachos w/ Cheese SauceBlack Beans Daily Fruit	**23** Breakfast French Toast Sticks Fruit Lunch Pasta w/ Meatballs or Chicken Alfredo Pasta Salad Fruit of the Day	**24** Breakfast Sausage & Cheese Breakfast Burger Fruit & Juice Lunch Eggless Loco Moco or Chili w/ Hot Dog Rice Daily Vegetable Fruit	**25** Breakfast Local Cinnamon RollFruit Lunch Popcorn ChickenRegular or Spicy Mashed Potatoes & Gravy Vegetable Fruit & Cookie
Cold Cereal is offered as a second breakfast choice every day				
28 BreakfastCold Cereal Fruit Lunch Breaded Chicken SandwichRegular or Spicy Potato Wedges Fruit	**29** Breakfast Sausage & Cheese Breakfast Sandwich Fruit & Juice Lunch Chicken Nuggets or Teriyaki Beef Dippers Rice Fruit & Vegetable	**30** Breakfast Breakfast Pizza Fruit Lunch Hot Dog OR Meatball Sub Pork & Beans Fruit		Download our app for current menu information including nutritional and allergens. Follow us on instagram at sodexoschoolsguam

8/25/26

We offer a variety of fruits and vegetables throughout each week

This institution is an equal opportunity provider